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The invention relates to the food industry, physiology, biomedicine and nutrition, in particular to a biologically active food additive based on natural vegetable products, used directly in alimentation or for creating functional foodstuffs. The additive, according to the invention, comprises, in wt.%: amaranth seed flour 50 - 65, acacia pollen flour 25 - 30, grapeseed flour of black varieties 5 - 10 and flour of Italian immortal flowers 5 - 10.

Claims: 1